

**TAKE OFF  
10 YEARS**  
(IT'S ALL ABOUT  
YOUR NECK)

**MONOGAMY:  
MAKING SEX  
BETTER AFTER  
COMMITMENT**

# FALL FASHION 560+

PAGES OF  
MUST-HAVE  
BOOTS  
BAGS  
JEANS

**YOUR  
ULTIMATE**

# SHOP

**PLUS**  
HOW TO WEAR THE  
NEW SKINNY JEANS  
AND PLATFORMS



## LINDSAY LOHAN CONFRONTS THE RUMORS

"I would never  
steal anyone's  
boyfriend—it's  
bad karma"

### ELLE **BEAUTY** BODY HEALTH

Katz and other doctors are experimenting with "laser lipo," although there's no actual liposuction involved. A laser fiber (a long cord with a laser beam in it) is threaded through the fat via a cut beneath the chin. Once in place, the laser, an Nd:YAG, is fired once, essentially vaporizing the fat. (The photo-acoustic effect from the laser causes the cells to

burst.) "The fat is absorbed by the lymph system and excreted like other metabolic by-products," Katz says. The appeal of laser lipo, he adds, is that there's no downtime and, unlike the Titan, it requires only a single visit. "It's a one-shot deal," he says. "Literally and figuratively."

**BAD BOYFRIEND?**  
**10 WAYS** TO LEAVE  
YOUR LOVER